

## BoulderWorld Academy Classes Information

### Spider Monkey's (Ages 3 – 6 years)

Our spider monkeys class is for the youngest climbers in the centre. This class focuses on teaching kids the fundamentals of climbing in exciting ways, through games and challenges. Perfect for active kids who want to take their first steps into climbing in a fun and relaxed atmosphere.

### Academy Coaching (Ages 7- 19 Years)

**Junior Academy is 7-13 years / Senior Academy is 14-19 years**

Our academy classes are well suited for a wide range of climbers, whether they are bouldering for the first time or have been climbing for several years. The focus of this class is on learning and developing climbing techniques and social skills through activities with other climbers of the same age.

These sessions work to develop climbing technique, strength, power and fitness whilst embracing the social side and encouraging team work.

These sessions aim to encourage youth climbers to become safe and independent members of our centre.

Our academy sessions are 60 minute sessions and run on a 12 week term basis, with 2 terms a year. Each term has a 1 week holiday in the middle.

### BoulderWorld Academy Classes

Monday 6.15pm - 7.15pm (8-13 years)  
Monday 7.30pm - 8.30pm (14-19 years)

Thursday 6.15pm - 7.15pm (8-13 years)  
Thursday 7.30pm - 8.30pm (14-19 years)

Friday 6.15pm - 7.15pm (5-7 years)  
Friday 7.30pm - 8.30pm (8-13 years)  
Friday 8.45pm - 9.45pm (14-19 years)

Saturday 9.15am - 10.15am (4-5 years)  
Saturday 10.30am - 11.30am (5-6 years)  
Saturday 11.45am - 12.45pm (6-8 years)  
Saturday 1.15pm - 2.15pm (8-11 years)  
Saturday 2.30pm - 3.30pm (9-13 years)  
Saturday 3.45pm - 4.45pm (14-19 years)

Sunday 9.15am - 10.15am (4-5 years)  
Sunday 10.30am - 11.30am (5-6 years)  
Sunday 11.45am - 12.45pm (6-8 years)  
Sunday 1.15pm - 2.15pm (8-11 years)  
Sunday 2.30pm - 3.30pm (9-13 years)  
Sunday 3.45pm - 4.45pm (14-19 years)

12 week term  
Term Starts : Monday 13th January  
Term Finished : Sunday 13th April  
Holiday week 10th - 16th February (No Classes)

Cost  
£135 per term - 1 class per week  
£180 per term - 1 class per week + unlimited entry  
£3.50 shoe hire per session



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information**