

Junior Assessment (U18 Unsupervised sign off)



Name..... D.O.B.....

Member I.D

1. Have you climbed at least 6 times in an indoor bouldering gym in the past 6 months or take part in a taster/coached session in our centre ?
2. What is the safest way of getting back to the ground once you have finished your climb or decide you do not want to continue any further?
3. What is a controlled fall?
4. Should you warm up before climbing?
5. Where should you leave your belongings (Bags, Coats, Outdoor shoes, Bottles etc)
6. Does the matting under the walls completely eliminate the risk of injury?
7. Do you understand that this is a sporting activity and with any sporting activity there is always a risk of injury?
8. What steps would you take to minimise that risk?
9. What should you not do on the safety mats?
10. What do you do if you find a loose or broken hold?
11. What would you do if you witness or are involved in an accident?
12. At what age or under what circumstance are you allowed to use the training area?

I agree and understand that I will be allowed to use the bouldering walls within the facility without supervision and that I will be subject to the rules of the centre. I agree to abide by The Conditions of Use and Rules of BoulderWorld Belfast Climbing Centre.

I confirm my parent/guardian are aware that I am taking part in this unsupervised climbing and have completed the U18 online registration form to confirm.

Climber : Print Name _____ Signature _____ Date _____

Staff : Print Name _____ Signature _____ Date _____